



MENU OF TRAINING AND TECHNICAL ASSISTANCE SERVICES

- Conference presentations
- Factsheet, tool, and curriculum development
- Information dissemination
- Peer learning forums
- Training-of-Trainer sessions
- E-learning courses
- Planning and facilitation
- Communities of Practice
- Webinars
- Regional trainings
- Data visualization
- Individualized consultation
- Strategic planning
- Needs assessment and data-driven planning
- Leadership and policy coaching
- Professional development training
- Asset mapping and gaps analysis

SERVICE FOCUS AREAS

GENERAL

- **Leadership, Management, Policy [re]Development, and Infrastructure:** Organizations develop adaptive leadership strategies; learn effective management policies and practices; build sustainable programs; and regularly assess the effectiveness and equity of policies.
- **Effective/Evidence-Based Approaches to Mental Health Challenges:** Workforce has ongoing opportunities to: expand knowledge of culturally appropriate EBPs; access innovative solutions through peer-sharing; build competencies in implementation and fidelity.
- **Youth and Young Adults of Transition Age with or at Risk for Serious Mental Illness:** Systems of care provide access to developmentally appropriate and effective strategies for youth and young adults of transition age; transitions from child to adult-serving systems are seamless; youth, young adults, and their families are engaged in all aspects of planning and implementation of mental health practices.
- **Workforce Recruitment and Retention, and Professional Development:** Workforce builds competencies across foundational and specialized topics; a diverse workforce is recruited and retained; workforce can access high-quality professional development opportunities.
- **Health Equity and Disparities:** Region's health disparities are identified; policies that support equity are implemented; workforce is culturally and linguistically competent.

SCHOOL MENTAL HEALTH

- **Trauma and Resilience:** Education agencies understand the relationship between trauma and resilience and mental health, trauma-informed school leadership strategies, program implementation, and strengths-based student and educator school culture and climate.
- **Stakeholder Engagement (Youth, Family, and Community):** Education agencies provide policies and practices support students, families, educators, and community engagement in school mental health leadership.
- **Mental Health and Student Learning Outcomes:** Educators have awareness of student mental health and its connection to school climate, school safety, and academic outcomes.
- **Integrated Support Systems:** Districts leverage data-driven approach to understanding the spectrum of ISF, MTSS, PBIS, and other effective need-based services.
- **Mental Health Screening and Referral Pathways:** School site and district leadership establish strong referral pathways within schools and between schools and CBOs.



Please let us know about your TTA needs and topic interests.

www.surveymonkey.com/r/MHTTCneedsassessment

Contact the Pacific Southwest MHTTC Team for more information.

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