

Elevating Primary Prevention Services: Creating a Sustainable Pathway for the Prevention Field

Overview

The Center for Applied Research Solutions (CARS) has developed a comprehensive **training and technical assistance (TTA) model** to prepare states, counties, and county-based organizations to build the capacity needed **to meet federal and state-defined requirements for substance use disorder (SUD) prevention**. Our tailored approach has been instrumental in **meeting prevention professionals and leadership where they are** through dedicated and customized support.

Currently, CARS is supporting **two states and multiple partners** in their implementation of substance use prevention efforts, providing critical TTA to ensure a comprehensive approach to **primary prevention service delivery**. We offer training events, consultation, workforce sustainability initiatives, professional development opportunities, and the advancement of culturally appropriate and relevant services in primary prevention.

➔ Federal and State System Alignment

Many SUD prevention funding sources require an in-depth understanding of national strategic frameworks and approaches that are informed by empirical research. For over 20 years, CARS has provided TTA services for:

- Statewide and local applications of the Strategic Prevention Framework (SPF).
- Formal assessment processes of local prevention service delivery, representation of the prevention workforce, and more.
- Extensive customizable SUD prevention training content across the six Center for Substance Abuse Prevention (CSAP) national priorities.

CARS' prevention team is IC&RC accredited with a vast range of experience, from mentoring to community-led strategies, and from social work to epidemiology.

The CARS TTA Solution

CARS developed an **adaptable approach** for supporting states, counties, and community-based organizations in implementation of SUD prevention services, including:



Readiness Assessments – Evaluating state, county, and local preparedness and identifying gaps and opportunities in prevention services.



Communities of Practice (CoP) – Facilitating peer learning and best practice sharing among prevention teams.



Training & Capacity Building – Delivering CEU-eligible training content and providing access to 24/7/365 self-paced learning modules.



Onsite & Virtual Technical Assistance – Providing direct support and consultation to prevention providers to navigate implementation challenges.



Progress Tracking & Certification – Monitoring compliance and alignment with national frameworks.

Ready to explore partnership opportunities?
carsinfo@cars-rp.org // cars-rp.org

Embedding Workforce Needs into TTA Service Delivery

A comprehensive approach to the delivery of SUD prevention services must prioritize the workforce. Workforce needs and considerations are embedded with TTA service delivery at CARS, including considerations for expansion, professional development opportunities, and sustainability. We strive to promote workforce capacity building initiatives that promote a prevention workforce that is representative of the communities being served.

Our team of Certified Prevention Specialists and prevention experts has led statewide workforce assessments and analyses, workforce-centered training development spaces, workforce mentoring programming, and consultation support to diversify, strengthen, and sustain the SUD prevention professional network. Check out what we are doing in California through the statewide Prevention Pathways program:

www.abhpc.org.

Moving Forward: Advocating for Sustainable SUD Prevention Services Nationwide

Prevention professionals nationwide can rely on CARS for trusted guidance, training, and technical assistance. Our decades of experience and subject matter expertise ranges from statewide systems to local nonprofits. Our approach ensures **compliance with funders, innovative implementation strategies, and sustainable solutions** while addressing the unique needs of each state.

Get in touch with us.

- ▶ Learn more about our work:
cars-rp.org
- ▶ Explore partnership opportunities:
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