



Building Bridges, Connecting Communities

Your **Systems Change Collaborator**

Maximize your impact with customized support from a trusted partner in community health.

Who We Are

The **Center for Applied Research Solutions (CARS)** is a California-based nonprofit dedicated to strengthening workforce capacity in community health. With 50+ training and technical assistance (TTA) initiatives since 2001 and serving over 150,000 professionals, we are a trusted partner in advancing community health efforts. Our dynamic team offers customized support to help realize your unique vision.

Areas of Focus

- ▶ **Mental Health**
- ▶ **Substance Use Prevention**
- ▶ **Systems of Care**
- ▶ **Health Equity**
- ▶ **School Mental Health**
- ▶ **Crisis Response, Recovery, & Renewal**
- ▶ **Trauma-Informed Approaches**
- ▶ **Systems Leadership**
- ▶ **Workforce Development**
- ▶ **Youth & Young Adults**
- ▶ **Culturally Responsive Evaluation**
- ▶ **California & Pacific Southwest Region**

Ways We Collaborate

We provide **customized training, coaching, and consulting** to ensure community health programs are impactful and responsive to communities served.

Services include:



Workshops & Training – In-person & virtual learning tailored to your needs.



Coaching & Consulting – Hands-on guidance to strengthen programs.



Product & Resource Development – Tools that drive sustainable impact.



Event Planning – Strategic support for conferences and community gatherings.



Evaluation & Project Management – On-going support Ensuringfor success at every stage.

For over 30 years, we've worked alongside changemakers—bridging research and practice to create impactful, community-centered solutions.

Who We Serve

We're adept at working with clients and learners at every level—from federal, Tribal, and territorial government staff to state, county, and local agencies; from large organizations to community-based providers. Many of CARS' initiatives allow us to provide our services at no cost to recipients.

Our Partners in this Work

We contract with hundreds of recognized subject-matter experts and numerous organizational partners who supplement our team's competencies. We seek to partner with organizations and individuals that share and advance our commitment to diversity, equity, inclusion, belonging, and lived experience.

Featured Projects



Nat'l Training & Technical Assistance Center for Child, Youth, & Family Mental Health (NTTAC)

National center funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Provides TTA to Children's Mental Health Initiative ("System of Care") grantees and the broader cross-systems workforce supporting children's, youth, and family mental health ([website](#))



School Crisis Recovery & Renewal (SCRR)

Funded by the national Substance Abuse and Mental Health Services Administration (SAMHSA). National Child Traumatic Stress Initiative (NCTSI) Category II site to foster trauma-informed responses in schools after crisis. ([website](#))



Medi-Cal Mobile Crisis Training and Technical Assistance Center (M-TAC)

Funded by the California Department of Health Care Services (DHCS). CARS provides trainings, resources, and coaching and consultation to assist California's counties and their mobile crisis teams with implementing the new Medi-Cal Mobile Crisis Services Benefit. ([website](#))



Youth Suicide Prevention and Response Network (YSPRN)

CARS provides intensive TTA to 10 pilot counties funded by the California Department of Public Health to improve their approaches to preventing and responding to suicides and suicide attempts. ([website](#))



LGBTQ TA Center, California Reducing Disparities Project (CRDP)

State-funded project to support community-based organizations implementing, evaluating, and scaling community-defined evidence practices (CDEPs) with LGBTQIA2S+ populations ([website](#))



Advance Behavioral Health Prevention California (ABHPC)

State-funded TTA project to build the capacity of the substance use prevention workforce throughout California, with a focus on the 58 counties ([website](#))



California Community Colleges Health & Wellness Project

State-funded TTA project. CARS supports the Chancellor's Office and the 116 community colleges with improving student supports, focusing on mental health and basic needs ([website](#))



Orange County Mental Health and Wellbeing for Diverse Communities

County-funded TTA initiative to support community-based organizations that engage Asian and Pacific Islander, Latino/a/e, LGBTQ+, refugee and immigrant, Veteran, and other populations in Orange County ([website](#))



SAMHSA Program to Advance Recovery Knowledge (SPARK)

CARS is a TTA subcontractor for this SAMHSA-funded project to promote equitable access to recovery supports nationwide ([website](#))

Let's work together to strengthen your capacity and impact.

Whether you're looking for tailored training, expert guidance, or strategic support, **we're here to help you take the next step.**

Get in touch with us today.



Learn more about our work:
cars-rp.org



Request support:
bit.ly/work-with-cars



Explore partnership opportunities:
carsinfo@cars-rp.org