



Center for Applied
Research Solutions

Building Bridges, Connecting Communities

Your collaborator in **supporting LGBTQIA2S+ Community Health**



Maximize your impact with customized support from a trusted partner in community health.

For over 30 years, we've worked alongside changemakers—bridging research and practice to create impactful, community-centered solutions.

Who We Are

The **Center for Applied Research Solutions (CARS)** is a California-based nonprofit dedicated to strengthening workforce capacity in community health. With 50+ training and technical assistance (TTA) initiatives since 2001 and serving over 150,000 professionals, we are a trusted partner in advancing community health efforts. Our dynamic team offers customized support to help realize your unique vision.

Areas of Focus

- Behavioral Health
- Crisis Response & Recovery
- School Climate
- Community Wellness

Ways We Collaborate

We provide **customized training, coaching, and consulting** to ensure community health programs are impactful and responsive to communities served.

Services include:

-  **Workshops & Training** – In-person & virtual learning tailored to your needs.
-  **Coaching & Consulting** – Hands-on guidance to strengthen programs.
-  **Product & Resource Development** – Tools that drive sustainable impact.
-  **Event Planning** – Strategic support for conferences and community gatherings.
-  **Evaluation & Project Management** – On-going support Ensuringfor success at every stage.

Who We Serve

We're adept at supporting capacity building at every level—from local coalitions, providers, and organizations; to county and state agencies; to federal staff, Tribal and territorial agencies, and national audiences. Many of our projects are grant funded, allowing us to offer services at no cost to participants.

Our Partners in this Work

We contract with hundreds of recognized subject-matter experts who supplement our team's competencies. We enthusiastically partner and collaborate with other trainers, TTA centers, higher education institutions, groups representing people with lived experience, and research entities, among many others.

Featured Projects



LGBTQ TA Center, California Reducing Disparities Project Phase II

Promotes the use of best practices and development of community-defined effective practices for LGBTQIA2S+ mental health. This long-running TA Center (2016 – 2026) is funded by California Mental Health Services Act tax dollars and is a component of the high-profile, state-funded California Reducing Disparities Project ([website](#)).



Community Mental Health Equity Project (CMHEP)

State-funded project to provide TTA on culturally responsive county services and update state Cultural Competence Plan requirements ([website](#)).



Pacific Southwest Mental Health Technology Transfer Center (MHTTC)

SAMHSA-funded center serving the mental health workforce, including the school workforce, in CA, AZ, HI, NV, and Pacific Island regions ([website](#)).



National Training and Technical Assistance Center for Child, Youth, and Family Mental Health

National, SAMHSA-funded project to advance the system of care for youth (birth to age 21) and their families ([website](#)).



Crisis and Recovery Enhancement (CARE) TA Center

Supported the 58 California counties to build effective systems for mental health crisis response and justice diversion ([website](#)).

Customized Offerings

Looking for tailored solutions? Whether you need guidance in developing a Community of Practice to foster collaboration, finding a keynote speaker to inspire your audience, or implementing hands-on training and coaching to strengthen your team, we've got you covered. Annually, CARS provides over 400 training events and thousands of hours of customized support.

Examples of Customized Support for LGBTQIA2S+ Communities:

- Coaching series on improving crisis care for LGBTQIA2S+ and BIPOC communities ([link](#))
- Trainings on best practices in trauma-informed sexual orientation, gender identity, and expression (SOGIE) data collection
- Multi-session conference track on SOGIE through the lens of racial equity
- Conference tracks on uplifting healing-centered, culturally based LGBTQ+ crisis care
- "Identity Support Plan" tools for California schools to use in safety and equity planning with gender-diverse students
- Guidelines for evaluating community-defined evidence practices for LGBTQIA2S+ populations ([link](#))

Key Team Member



Alex Filippelli, MSW
Project Co-Director & TA Liaison

Alex Filippelli (they/he), MSW, Project Co-Director and TA Liaison, brings deep knowledge of qualitative research and evaluation, including specific focus on transgender health needs and barriers. Alex has developed and provided training and education on community needs assessments, program evaluations, harm reduction, trauma-informed, anti-racist and anti-oppressive practice frameworks. They also have extensive experience in non-profit management, program evaluation, and direct service. Prior to immigrating to the US, Alex worked as a participatory action researcher using arts-based methods in the gender-based violence prevention field.

Let's work together to strengthen your capacity and impact.

Whether you're looking for tailored training, expert guidance, or strategic support, **we're here to help you take the next step.**

Get in touch with us today.



Learn more about our work:
cars-rp.org



Request support:
bit.ly/work-with-cars



Explore partnership opportunities:
carsinfo@cars-rp.org